

Orbán Sándor | BMSzC Neumann János Secondary School | Budapest | Hungary

Complex 3+T Method

The role of parallel development of physical, emotional, and intellectual abilities in talent management

The aim of Complex 3+T method, is to develop the students' physical, emotional and intellectual abilities in a **parallel way**. The method is based on three pillars: sports, arts and research and aims to promote the coordinated operation of the two hemisphere of the brain.

Sport (physical abilities)

Analytical, planing and executionary abilities as well as concentration, attention, endurance and creativity.



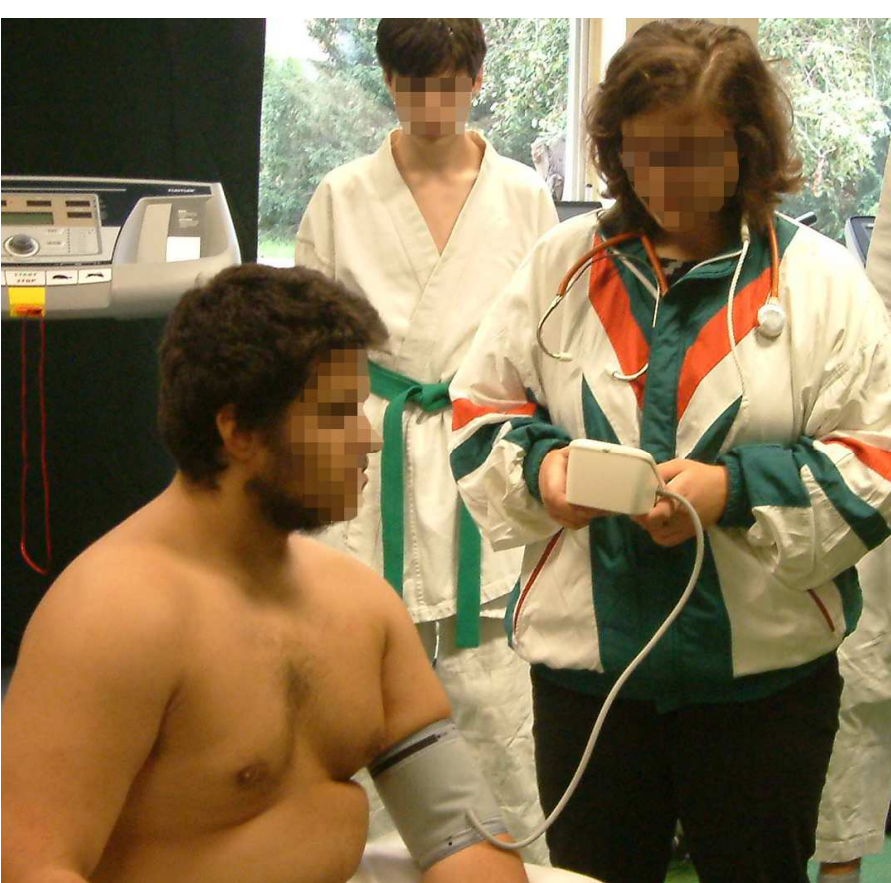
Arts (emotional abilities)

Proactive thinking, imagination, concentration, analytical logical thinking as well as analytical, planing and executionary abilities and creativity.



Research (intellectual abilities)

Thinking in systems, attention, concentration, endurance as well as analytical, planing and executionary abilities and creativity.



The effectiveness of the method

During the two and a half decades of application of the method the students involved have achieved numerous prominent sports, art, research and study results.



The success of the method

The Ministry of Human Resources in Hungary, based on the results achieved, rewarded the method with the prize of "Bona Bonis – For the talented people of the nation".

